#GetLifelongReady Project Update QORF AGM Thursday 12th March, 2015



Alana Thomson, PhD

Prepared for

The Queensland Outdoor Recreation Federation
By Thomson Management Group P/L

"Population ageing is one of humanity's greatest triumphs. It is also one of our greatest challenges"

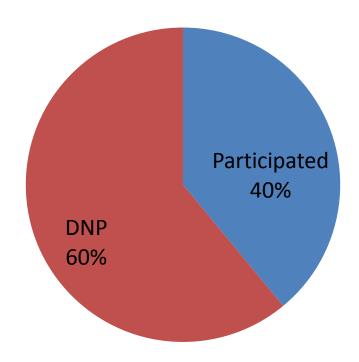
WHO (2002) Active Ageing: A Policy Framework

Background to #GetLifelongReady

- Our population is ageing
- We know there are benefits from participating in active recreation and sport
- Adults and older Australians are underrepresented in sport and recreation
 - Barriers to participation, particular wants/needs
- There are limited resources available to industry to encourage development of opportunities

The Business Case for Our Sector

Queenslanders Participated* in Sport/Physical Recreation 65 years +

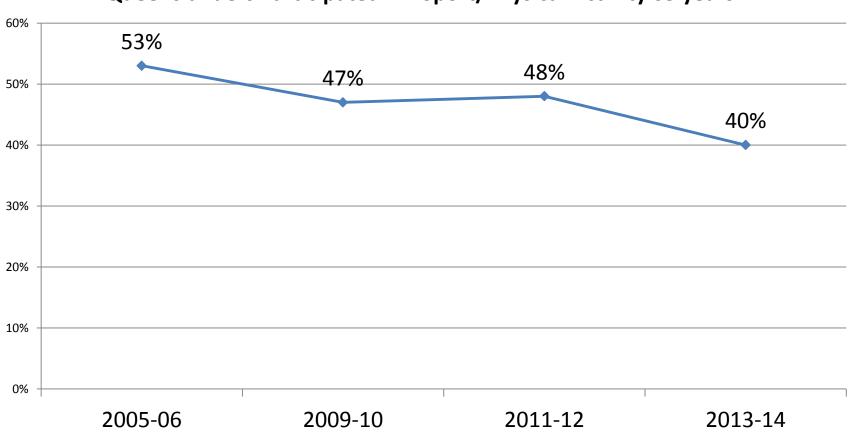


Source: ABS 41770DO001_201314 Participation in Sport and Physical Recreation, Australia, 2013-14

^{*}Participate at least once in 12 months prior to interview

The Business Case for Our Sector

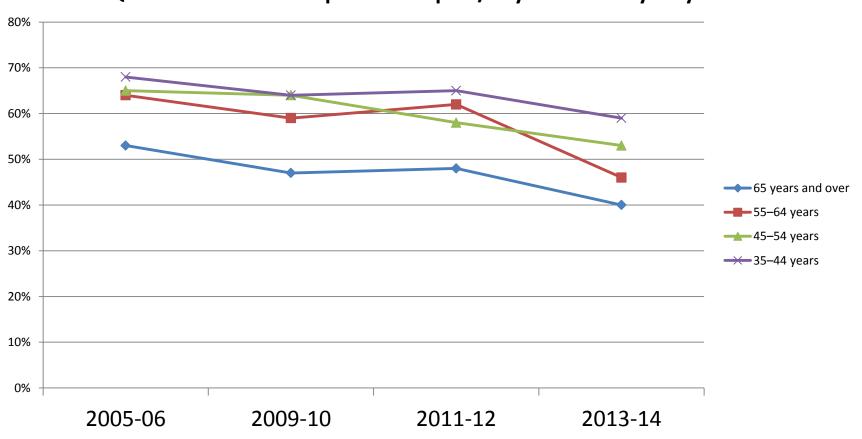
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The Business Case for Our Sector

Queenslanders Participated* in Sport/Physical Activity 35 years +



Source: ABS 41770DO001_201314 Participation in Sport and Physical Recreation, Australia, 2013-14

#GetLifelongReady is about:

- Encouraging lifelong participation pathways
- Enhancing/developing participation opportunities – e.g. 're-entering sport'
- Upskilling our workforce volunteers
- Designing relevant marketing strategies

Industry focused Capacity building
Pre-emptive Innovative Inclusive

QORF & TMG, 2015

Thanks to the 2015 Medibank Community Grants QORF is:

- Stage 1: Collating information about:
 - Constraints, enablers and solutions to better provide opportunities for, and engage with, adults and older people; and
- Stage 2: Consulting our sector to identify:
 - Promising practice & informational needs to better equip us moving forward.



Stakeholder Consultation Workshops

Location	Date & Time
Brisbane	Monday 23 rd March 2015, 10am – 1pm
Gold Coast	Tuesday 24 th March, 10am – 1pm
Toowoomba	Friday 27 th March, 10am-1pm

To RSVP see www.qorf.org.au