Queensland Adventure Activity Standards Recreational Angling



Great state. Great opportunity.





Prepared by: Sport and Recreation, Department of National Parks, Recreation, Sport and Racing

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Foreword

This document contains general information about why the Queensland Adventure Activity Standards (AAS) were developed. It also provides specific information to assist organisations and individual leaders plan and run adventure activities for various groups. Although it may seem lengthy, the document provides an overview of the minimum preparation required to conduct adventure activities. As such, users of the document are encouraged to read the whole document rather than selected parts.

All information contained in this document, including legal requirements, website and contact information and pathways for demonstrating competency was current on the publication date.

Please note this document's version date to ensure that current information is accessed.

1. Activity description: recreational angling

Angling is a method of fishing using a hook. The recreational angling AAS serve to describe the level of responsibility considered reasonable for those who are formally providing a group angling experience in Queensland. The AAS are relevant to commercial owners and operators, volunteer organisations and employees and guides and trip leaders (commercial or non-commercial).

Whilst the AAS strictly apply to any organised angling trip involving dependent participants, it is important that the individual circumstances of each location and type of angling be taken into account. These are voluntary standards and the level to which leaders or guides adhere to requirements such as risk assessment will depend, to a large degree, on the remoteness and/or complexity of the trip.

2. Introduction

The AAS are designed to help organisations and leaders plan and safely conduct outdoor adventure activities with groups of dependent participants. More specifically, the AAS are primarily designed to help those who lead groups of participants in situations where a duty may exist to take reasonable precautions to protect participants from harm. However, other adventure activity providers might find that the standards are relevant to their activities. Although they are called "Adventure Activity Standards", the AAS should be considered as guidelines that demonstrate non-specific principles and provide direction or suggest actions.

The AAS give leaders and organisations a valuable resource for understanding the processes they should follow to conduct safe and fun activities. They can help leaders and organisations develop operating procedures and plan activities. Each provider will apply the AAS differently, depending on each group's collective skills and experience, and their degree of dependence upon the leader. Also, groups participate in outdoor activities at a range of sites with varying conditions (including weather) and there will be varying outcomes (e.g. educational, personal development, therapeutic, recreational).

To allow for these differences, the AAS can be adapted to suit the organisation, the leader, the group and the situation. The leader remains responsible for making professional judgements and decisions about each activity to ensure the group's safety. The AAS have been designed to assist such judgements and decision-making.

The AAS also help promote knowledge and awareness about the impacts of adventure activities on the natural environment. As the demand for access to areas increases, sustainable environmental practices have become more important. Therefore, these practices are embedded in the document to help providers protect biodiversity values and preserve cultural sites.

A wide cross-section of Queensland's outdoor industry helped prepare the AAS using interstate AAS models as a basis. The result is a set of minimum, voluntary guidelines that reflect industry practices for planning and delivering adventure activities that are safe, thorough and informed. The AAS are NOT statutory standards imposed by law; however, some references throughout the AAS make some actions mandatory. These references reflect legislated considerations that providers must comply with and are highlighted as **MUST**.

Note: If dependent participants come from an Education Queensland school, providers should read this document in conjunction with the relevant Curriculum Activity Risk Management Module found at http://ppr.det.qld.gov.au/education/management/Pages/Managing-Risks-in-School-Curriculum-Activities.aspx

2.1 Disclaimer

The information in this AAS has been compiled following a consultative process conducted across the outdoor recreation industry. This AAS has been prepared for general information purposes only and does not take into account your individual situation, needs or objectives. The relevance and appropriateness of the information and recommendations in this AAS may change over time and will depend on the individual circumstances.

This AAS does not constitute advice of any kind and is not binding on any person. This AAS does not cover every circumstance of the relevant adventure activity, and cannot be relied upon to reduce or eliminate the risk of loss or injury. You must make your own inquiries and are encouraged to seek independent advice, as necessary, prior to using or relying on this AAS.

In addition, the information contained in this AAS is not or is not intended to be medical advice and persons should seek their own professional medical advice before participating in these activities.

Reasonable efforts were made to ensure that details of organisational websites and contact information were current as at the time of publication, however such information may have changed and not been updated in this AAS.

The State of Queensland and all other contributors and authors of this AAS, to the extent permitted by law make no representations or warranties in relation to this AAS, its accuracy, reliability, completeness or currency, that reasonable care has been taken in its preparation, or that third part rights have not been infringed, and expressly disclaim all liability (including but not limited to liability for negligence) for any loss whatsoever, injury or death, arising from or in connection with the use of or reliance on any part of this AAS.

2.2 Acknowledgements

In developing the AAS, the Department of National Parks, Recreation, Sport and Racing and the Queensland Outdoor Recreation Federation recognise the contribution of those who attended consultation workshops and technical working groups.

They also acknowledge the following owners and developers of interstate Adventure Activity Standards for generously providing access to their documents, expertise and ideas:

- Outdoor Recreation Centre of Victoria
- · Sport and Recreation Tasmania
- Recreation SA
- Outdoors WA.

2.3 Partnership arrangements

Developing the Queensland Adventure Activity Standards (AAS) has been an initiative funded, managed and owned by the Department of National Parks, Recreation, Sport and Racing, and developed by the Queensland Outdoor Recreation Federation.

2.3.1 AAS Interdepartmental committee

An interdepartmental committee comprising representatives from a range of Queensland Government departments and agencies oversaw the document's development, including:

- Department of Communities
- Department of Community Safety
- Department of Education and Training
- Department of Employment, Economic Development and Innovation
- Department of Environment and Resource Management
- Department of Justice and Attorney-General
- Queensland Police Service
- Department of the Premier and Cabinet
- Department of Transport and Main Roads
- Queensland Treasury
- Forestry Plantations Queensland
- Queensland Government Insurance Fund
- Tourism Queensland.

The above list reflects the names of these organisations, as they were at the time of the committee being formed.

2.4 Technical working group representatives

Activity-specific technical working groups used their skills and knowledge to develop specific operational details. Representatives consulted in this process included:

Sunfish



Noosa Surf Fishing Tours



3. Safety and the law

3.1 Risk management overview

Risk management and safety awareness are essential to providing effective and professional adventures. Not only does risk management minimise accidents and incidents during activities, it is also a vital component of any business model. Risk management assists with strategic and operational management, program planning and delivery, and people and resource management. It also helps to develop awareness in communities where adventure activities take place.

Risk management for outdoor activities has implications for all outdoor activity providers who are responsible for complying with any legal requirements. Section 3.3 of this document refers to a range of Acts that legislate the actions of adventure activity providers, while Section 3.4 explains providers' workplace health and safety obligations under the Work Health and Safety Act 2011. Providers MUST also comply with other legislative and civil laws to meet their legal responsibilities. Some of these laws are built into statutes and local authority bylaws, and others have been developed through judges' decisions (common law).

The risk management and legal information in this document is a guide to the processes and procedures, as well as requirements and methods, for reducing, eliminating, transferring or accepting risks. Several sections in this document refer to actions or incentives that will reduce the likelihood of injuries or incidents and enhance the enjoyment of all involved. When risk management is fully incorporated into all stages of an activity, safer activities result.

This document is not sufficiently comprehensive to provide every piece of information about risk management for outdoor activities. Therefore, leaders and organisations are encouraged to seek further guidance, develop their own risk assessment and management systems, and review and update their systems regularly.

3.2 Summary overview of legal framework

The following general information on legal liability in contract and negligence does not provide a complete and accurate description of the law on these topics, or necessarily relate to every provider's circumstances. While this general information may be helpful, it is offered on the basis that providers will not rely on it solely, but will obtain their own independent legal advice.

3.3 Liability

The law of contract and the tort of negligence govern legal liability for personal injury or property. However, legislation such as the *Personal Injuries Proceedings Act 2002*, the *Civil Liability Act 2003*, the *Competition and Consumer Act 2010* (Commonwealth) and the *Fair Trading Act 1989* (Queensland) may also apply.

3.3.1 Contract

A claim in contract requires that a contract exists between the person who has suffered the loss or injury and the provider. If injury or damage occurred because the provider did not exercise reasonable care in providing the service, a court may find that they breached the contract, which entitles the party to claim compensation for the loss or injury suffered.

3.3.2 Negligence

A successful claim in negligence against a provider may result in a court awarding damages against the provider to compensate the injured party for the loss or injury.

The essential elements of a claim in negligence are that:

- the provider owes a duty of care and, therefore,
 MUST take reasonable measures to ensure the safety of their clients and participants
- a breach of this duty of care occurred
- the breach caused the harm suffered by the client or participant.

Duty of care is a legal requirement—imposed by the courts—requiring providers to take reasonable care to protect clients or participants from reasonably foreseeable harm or loss. Although the law does not automatically impose a duty of care, a duty may be imposed when one party (the provider) assumes responsibility for another in providing adventure activities. Generally, anyone conducting an outdoor adventure activity for a group of dependent participants will owe a duty of care to those participants for the safe conduct of the activity.

If a party makes a claim against a provider and a court finds that the provider owes a duty of care, the court must then determine the appropriate level or standard of that care to determine whether the provider acted reasonably or has breached the duty of care. In determining the standard of care, a court will consider the experience of the providers and participants, and the conditions at the time of the incident, and may seek guidance from experts in the field.

An obvious defence in a claim in negligence is that

the provider acted with all reasonable care in the circumstances and is, therefore, not negligent. To limit the potential for legal liability and minimise the risk of injury, each provider or organisation should implement risk and safety management processes. To develop these processes, the provider should identify foreseeable risks and implement measures to protect participants from known potential hazards and risks (that are reasonably foreseeable), against which they can take preventative measures.

For more detailed legal information, please refer to Appendix 1.

3.4 The Work Health and Safety Act 2011 (WHS Act 2011)

The WHS Act 2011 outlines the laws relating to the health and safety duties that affect most workplaces in Queensland. Section 19 outlines the primary duty of the person conducting a business or undertaking to ensure as far as is reasonably practicable, that the health and safety of workers and other persons is not put at risk from work carried out as part of the business or undertaking. This duty requires the person to eliminate or minimise those risks so far as is reasonably practicable.

Workers, that is, trip leaders and guides also have a duty to take reasonable care of their own health and safety and that they do not adversely affect the health and safety of other persons. Workers **MUST** comply with any reasonable instruction and cooperate with any reasonable policy or procedure relating to health and safety at the workplace.

If the WHS Regulation 2011 describes how to prevent or minimise risks in an organisation's particular workplace; the organisation **MUST** comply with this regulation. Additionally, if a code of practice describes how to prevent or minimise risks in an organisation's workplace, the code of practice should be followed and is admissible as evidence of what is reasonably practicable in court proceedings under the WHS Act 2011 or WHS Regulation 2011.

The following codes of practice may be relevant for organisations providing adventure activities:

- How to Manage Work Health and Safety Risks Code of Practice 2011.
- Work Health and Safety Consultation Co-operation and Co-ordination Code of Practice 2011.
- First Aid Code of Practice.
- Hazardous Manual Tasks Code of Practice 2011.

The codes of practice can be found at:

www.deir.qld.gov.au/workplace/law/codes/riskman

4. Planning

4.1 Activity plan

Purpose

An activity plan helps a leader define and achieve objectives, and minimise the inherent risks to participants. A leader can plan an activity in various ways, and each leader or organisation will have their own approach to planning. This section is a reference for leaders or organisations planning activities. It will help maximise an activity's success and minimise risks to participants.

Practice

It is recommended that leaders or organisations prepare an activity plan for all activities. Each organisation can determine how much of the plan they need to document. However, they should consider the following list during the planning stage.

Participant

- Activity objectives (desired outcomes, type of catch, learning opportunities) and participant expectations
- Size of the group
- · Age, experience and skills of participants
- Socio-cultural demographics of the group or individual participants and implications (e.g. religious or cultural dress code)
- Fitness, disposition and known medical conditions of participants
- Standard of care required (e.g. child participants, paying customers)
- · Duration of activity

Area

- Area and route selection (description of intended route)
- Area-specific information
- Availability and suitability of maps
- Environmental characteristics and associated implications/hazards
- Land/water manager requirements (access restrictions, group sizes, permit requirements, booking requirements)
- Site's ability to withstand visitation with minimal impact
- Seasonal factors (rain, fire, availability of drinking water, tides, river levels, beach/bank conditions, other users)
- · Remoteness and accessibility

Equipment

- Equipment, food and clothing requirements
- · Condition and suitability of all equipment
- Expected weather conditions and implications (hypothermia, hyperthermia)
- Communication plan, including suitable communication equipment (e.g. satellite phone, emergency position indicating radio beacons or EPIRBs, personal locator beacons, flares, mobile phones, two-way radio) and its level of coverage
- First aid requirements
- Support and evacuation capabilities (e.g. vehicle) and availability of emergency medical assistance

Leader

- Leader to participant ratio
- Leaders' skills and competence to conduct the activity, effectively manage incidents and achieve the planned objectives
- Leaders' familiarity with the area
- Working With Children Check for individual leaders, where applicable (Section 4.11)
- Cancellation, modification or postponement procedure (e.g. due to forecasted or current adverse weather conditions, insufficient equipment, restrictions dictated by the land manager or environmental factors such as flood, drought, lightning or fire).

Leaders intending to undertake recreational angling activities should be aware that fishing is prohibited in some zones of marine parks. Some of the terrestrial and island national parks have marine parks adjacent to them and depending on the zoning, fishing in these waters may be prohibited. Please contact your local Queensland Parks and Wildlife Service (QPWS) office or consult the relevant marine park zoning plan for further information regarding restrictions in these areas: www.nprsr.qld.gov.au/experiences/fishing.html

4.2 Risk management

For adventure activities, risk can be defined as 'the potential to lose or gain something of value' (Haddock 2004, p.7). In contrast, the *How to manage work health and safety risks Code of Practice 2011*, defines risk as 'the possibility that harm (death, injury or illness) might occur when exposed to a hazard'. In practice, risk tends to be measured in terms of consequence and likelihood (Standards Australia, AS/NZS ISO 31000:2009 Risk management - Principles and guidelines).

Given the nature of adventure activities, risk is inherent. Losses may be physical (e.g. bone fractures), mental (e.g. fear), social (e.g. embarrassment) or financial (lost gear) (Miles and Priest 1999). However, it can also be argued that exposure to risk can provide substantial reward, including good health, fun, challenge and enhanced personal confidence or self-esteem (Haddock 2004).

Finding the balance—minimising loss and reaping the benefits of adventure activities— is important. Leaders and organisations **MUST** implement processes to manage risk appropriately for the context and situation. The AAS can guide this practice.

HB 246–2010 *Guidelines for managing risk in sport and recreation organisations*, published by Standards Australia, defines risk management as 'the systematic application of management policies, procedures and practices to the task of identifying, analysing, evaluating, treating and monitoring risk' (p.4). While various models may achieve this goal, a risk management plan generally incorporates the following five steps:

1. Identify all hazards.

• What could potentially cause harm or loss?

2. Assess and prioritise the risks that these hazards create and address the highest priority risk first.

 What could happen and what might be the consequences?

3. Choose measures to control the risks.

Can you eliminate the risk? Use another venue?
 Use personal protective equipment? Bring in an expert? Substitute with an activity with less risk?
 Substitute real risk for perceived risk?

4. Implement appropriate control measures.

• Act to control or eliminate the risk.

5. Monitor the control measures and review the process.

 Are the measures working? Does the process meet industry standards? What needs amending? Are the activity goals or outcomes still being achieved?

HB 246–2010 *Guidelines for managing risk in sport and recreation organisations* can be purchased through the Standards Australia website: http://infostore.saiglobal.com/store/details.aspx?ProductID=1421050

Section 8.2 of this document and the Queensland Government's *How to manage work health and safety risks Code of Practice 2011* provide more information on managing exposure to risk.

A general web search can also provide more information on risk management processes and recognised training providers that offer courses in risk management. Speaking with experienced colleagues and seeking advice from activity-specific organisations may also be helpful.

4.2.1 Risk assessment measures

Risks for adventure activities are generally classified under the three categories of people, equipment and environment.

People risks may include participants who are physically or psychologically unprepared for an activity, or have known behavioural issues that affect the safety of the activity. People risks may also include leader fatigue, poor planning, lack of knowledge or skill, or complacency (Priest and Gass 2005).

Equipment risks may include insufficient gear for the group or an inferior standard of equipment.

Environment risks may include adverse or unseasonal weather, sudden changes in river levels, high winds or danger from local wildlife. They do not include factors inherent in the adventure activity, such as getting wet while fishing.

Providers should consider each of these risk categories (and others as identified) in relation to the specific activity and the group involved. For example, as part of risk management planning, selected leaders should have the authority, skills and experience to:

- conduct the activity in the selected environments
- achieve the planned objectives
- effectively manage incidents
- supervise the group at all times
- preserve the environmental integrity of the route and campsites.

Providers should note foreseeable risks and develop strategies to manage, avoid or minimise them. Importantly, the group leader should understand these risks and strategies. They should be included in specific activity plans (Section 4.1), and considered in an emergency strategy (Section 4.4) and/or organisational risk management guidelines, which should be current and specific to the activity and location.

For help with risk assessment and planning, see Appendix 2 for sample risk management templates. While the templates are not prescriptive, they offer models to identify and manage risk.

4.3 Pre-activity documentation

Many sound reasons exist for documenting aspects of the activity plan, such as ensuring that information about the activities and group is available if a group member is injured or incapacitated. Activity plan documentation enables search and rescue teams to better conduct an efficient search if necessary. Documentation will also assist with legal defence following an incident.

The suggested minimum amount of documentation required for an activity includes:

- an emergency strategy (Section 4.4), including contingency plans
- documentation about designated start and finish times, and route description
- names, addresses, medical information and emergency contact details for all participants, leaders and assistant leaders. Medical conditions and management strategies for relevant participants should be documented, including details of any conditions (e.g. asthma), and any medication or actions to be taken (e.g. selfadministered inhaler). Medical conditions can include but are not limited to:
 - > diabetes
 - > epilepsy
 - > fainting and dizziness
 - > specific allergic reactions
 - > blood conditions that may affect bleeding or clotting
 - > impaired sight
 - > impaired hearing
 - > conditions that affect balance
 - > recent or longstanding injuries
 - disability
 - illness or other medical conditions relevant to a participant's ability to participate (e.g. heart conditions, migraines or pregnancy)
- information for all participants, leaders and assistant leaders on food allergies, including the magnitude of reaction and management strategies, as well as medications and who can administer them
- any access permits, licences or approvals required by land managers such as QPWS, local councils or private landholders
 - land or marine park management [e.g. Great Barrier Reef Marine Park Authority (GBRMPA), Department of National Parks, Recreation, Sport and Racing
 - Stocked Impoundment Permit www.daff.qld. gov.au/fisheries/recreational/permits-dams
- relevant public vehicle driving licence if transporting participants, vehicle and trailer registrations. More information is available on the Department of Transport and Main Roads website: www.tmr.qld.gov.au
- a signed consent form from each participant that acknowledges the inherent risks of the activity after they have been fully briefed on those risks

- participants' agreement that they receive medical assistance if required, as well as any other documentation required by an insurer or legal advisor
- signed consent by a parent or legal guardian for participants under 18 years.

The leader and an external, non-participating contact person (necessary in an incident or emergency) should have access to all documentation.

4.4 Emergency strategy

Even with appropriate policies and procedures, such as an activity plan (Section 4.1) and risk management plan (Section 4.2), accidents and emergencies can still occur. These are often sudden and unexpected, can significantly affect groups and individuals, and require an immediate and planned response to contain the situation.

The emergency strategy complements the risk assessment and provides a framework for action in an emergency. Activity leaders and a suitable external, non-participating contact should fully understand the emergency strategy and be able to immediately access this document. A summary of emergency procedures should be one component of the preliminary group briefing (Section 5.1.1).

An emergency strategy for an activity will vary according to the situation, but should include:

- emergency response actions, allocated roles and responsibilities
- emergency access and escape routes (where possible)
- assembly points where appropriate
- details of key organisations (e.g. land manager and police) and how to best contact them in an emergency (e.g. mobile phone, satellite phone, radio)
- planned activity start and finish times
- the emergency trigger time for the nonparticipating contact to inform emergency services (if the group fails to return or check in)
- contingency plans for foreseeable emergencies (e.g. falls, fire, flood)
- communication equipment that the group will carry
- relevant aspects of the land manager's emergency strategy
- strategies relevant to the features of the areas being visited (e.g. rock scrambles or river crossings)
- a strategy for maintaining supervision ratios if the planned activity changes (e.g. due to adverse conditions, an injured leader or participants withdrawing from the activity).

The WHS Act 2011 requires certain incidents to be notified to Workplace Health and Safety Queensland, in the Department of Justice and Attorney-General by the fastest means possible. This may initially be by telephone, but must be followed up within 48 hours, by notification using the approved form available at: www.deir.qld.gov.au/workplace/resources/ pdfs/incidents_form.pdf

Notifiable incidents are:

- The death of a person
- Serious injury or illness
- Dangerous incidents.

Serious injuries and illness include:

- Immediate treatment as an inpatient in a hospital
- Immediate treatment for:
 - > Amputations
 - > Serious head, eye or spinal injuries
 - > Serious burns
 - Separation of skin from underlying tissue (scalping or de-gloving)
 - > Loss of a bodily function
 - > Serious lacerations.

Dangerous incidents include situations where there is a serious risk to a person's health and safety emanating from an immediate or imminent exposure to, for example:

- Uncontrolled escape, spillage or leakage of a substance
- Uncontrolled implosion, explosion or fire
- Uncontrolled escape of gas or steam
- Uncontrolled escape of a pressurised substance
- Electric shock
- Fall or release from height of any thing
- The collapse or partial collapse of a structure.

Note: If an incident involves search and rescue, death or an injury likely to result in death (whether or not death occurs), police are responsible and will take control of the incident. All other parties, including the contact person, will be under the police's direction. Police will advise a deceased person's nearest family member after a fatal incident.

Refer to Appendix 3 for a sample emergency response template.

4.5 Restricting participation

There may be times when a leader needs to exclude or remove a participant from an activity, or modify an activity for the safety of the group or an individual. The leader will use their discretion and judgement to do this either before departing or during an activity.

A leader may need to exclude participants for several reasons, including (but not limited to) being under the influence of alcohol or drugs (including prescription drugs that may affect performance), being unable or unwilling to follow instructions, lacking suitable equipment, or having an inadequate level of fitness, physical ability or experience for the activity.

The leader should also consider operational restrictions that affect participation, including issues relating to weather, equipment, route difficulty, restrictions dictated by the land manager and environmental factors, such as trail conditions, flood, drought, lightning and fire.

A sound risk management plan will help the leader determine how and when these restrictions or modifications might apply.

4.6 Ratios

When planning any outdoor activity, the ratio of qualified, experienced leaders to dependent participants needs to be considered. Some activity peak bodies provide maximum leader-to-participant ratios. In certain situations, judgement may dictate smaller or larger numbers of participants per leader.

Several variables can affect this decision, including but not limited to:

- outcomes of the risk management process
- the leaders' experience
- participants' expected capabilities (i.e. experience, competence, fitness)
- conditions (environment, weather)
- planned activity duration
- optimum group size (Section 4.7)
- location remoteness
- equipment suitability and availability.

Operators of boats should be mindful of regulations dictating crew requirements for charter operators. These regulations are deemed to be safe and as such should apply to all boat-based fishing groups.

4.7 Group size

The group's size is important when considering group management and ways to protect the environment. Leaders should carefully determine maximum and minimum group sizes, and the ratio of leader to participant.

Group sizes may be decided based upon:

- · the group's and individuals' safety
- the activity's objectives
- a land/water manager's specific restrictions
- the activity's expected environmental impact
- the leaders' and participants' experience
- the potential impact on other users
- conditions (environment, remoteness, weather)
- available equipment.

Where a large group is split into a number of smaller groups, each smaller group should have its own leader and assistant leaders who independently adhere to the AAS.

4.8 First aid

A person whose business or undertaking involves conducting outdoor activities for dependent participants in any situation (paid or volunteer) **MUST** comply with relevant legislation.

Under the WHS Regulation 2011, a person conducting a business or undertaking **MUST** ensure that first aid equipment is:

- · accessible to each of their workers
- appropriate and adequate for workers and the work they do.

They **MUST** also ensure that an adequate number of workers are trained to administer first aid taking into consideration the nature of the hazards in the workplace and its size and location.

The First Aid Code of Practice gives advice on workplace first aid, including the contents of first aid kits for remote locations. The code also states that workers in remote locations should have access to appropriate communication systems. (Refer to: www.deir.qld.gov.au/workplace/law/codes/index.htm).

The unit of competency, HLTFA301C Apply First Aid (or equivalency) is a minimum standard for first-aid trained personnel. However, the level of first aid competency required will depend on the risk management assessment. Activities for participants with disabilities may require more specialised first aid knowledge.

For activities and programs that are expedition based or in remote areas where access to professional medical care is greater than one hour away, a higher level of first aid competency, such as SISOOPS305A Provide First Aid in a Remote Location should be held by at least one leader.

4.9 Weather

Effective planning requires access to up-to-date weather and fire information, which is generally available through newspapers, radio and television. The most up-to-date information is available on the website of the Bureau of Meteorology at www.bom.gov.au/qld. This website provides information on weather, seas and hydrology, and some historical data.

4.10 Sun safety in Queensland

Sunburn is a risk for anyone who participates in outdoor activities, particularly in Queensland. Leaders should take reasonable steps to prevent or minimise the likelihood of staff and participants suffering excessive sun exposure.

Measures can include:

- encouraging everyone to wear activity- and weather-appropriate clothing
- encouraging everyone to wear hats and sunglasses
- conducting physically demanding activities in the cooler part of the day where possible
- encouraging everyone to drink water
- encouraging everyone to use sunscreen (minimum SPF 30+ recommended)
- taking breaks in shaded areas.

For more information on sun safety, refer to:

Sun Safety:

www.sunsafety.qld.gov.au

Cancer Council Australia:

www.cancer.org.au/cancersmartlifestyle/SunSmart/ Preventingskincancer.htm

4.11 Child protection

Some organisations and leaders will need to consider Queensland's safety requirements for working with children.

A person seeking to operate a business **MUST** possess a blue card or an exemption card if the usual activities of the business include, or are likely to include providing sport and active recreation activities directed mainly towards children, or mainly involving children. Persons who operate a business have an obligation to ensure that any individuals who work, volunteer or undertake a practical placement in a regulated child-related environment meet their specific blue card requirements.

Paid employees **MUST** possess a blue card or an exemption card, unless an exemption applies, if their work in sport and active recreation includes, or is likely to include, providing services that are directed mainly towards children, or conducting activities that mainly involve children, for at least:

- eight consecutive days, or
- once a week, each week, over four weeks, or
- once a fortnight, each fortnight, over eight weeks, or
- once a month, each month, over six months

Volunteers and trainee students **MUST** possess a blue card, unless an exemption applies, if their work or practical placement in sport and active recreation includes, or is likely to include, providing services that are directed mainly towards children, or conducting activities that mainly involve children. This is regardless of how often they will come into contact with children and young people.

The blue card is regulated by the *Commission for Children and Young People and Child Guardian Act 2000*. Refer to the commission's website for further information: http://www.ccypcg.qld.gov.au/bluecard/index.html

In Queensland, the *Commission for Children and Young People and Child Guardian Act 2000* requires all people who work with children under the age of 18 years to implement procedures for managing risks to children, this includes having a documented child and youth risk management strategy.

For further information on managing the risks to children see: http://www.ccypcg.qld.gov.au/bluecard/risk-management.html.

4.12 Minimal impact—the seven principles of Leave No Trace

Everyone involved in adventure activities is responsible for protecting Queensland's natural and cultural heritage, including leaders, organisations and participants. The following principles draw on minimal impact ethics and raise awareness about respect for environments and communities where adventure activities occur.

1. Plan ahead and prepare

(Refer to Sections 4.1, 4.2 and 4.6 for more details.)

- Know and observe the current regulations including licensing and size/volume restrictions and any special concerns of the area in which the leader is planning to fish.
- Know state and territory bag, size and possession limits, existing tackle restrictions and check the dates of local seasonal closures.

- Educate others, especially children, in sustainable fishing practices. (Check http://recfishaustralia. org.au for proper fishing practices.)
- Educate yourself on the life cycles and breeding seasons of aquatic species and other fauna.
- Plan to use only tackle that is appropriate for the size and type of fish.
- If boating, observe and understand all boating regulations, including the carrying of the required safety equipment.
- Understand the regulations and special concerns of the areas you access. Research your destination before you leave home.
- Seek permits if necessary.
- Prepare for isolation, weather hazards and emergencies.
- Carry and know how to use a map, compass and/or GPS.
- Bring plenty of food and drinking water.
- Repackage food to minimise waste and bring rubbish bags. Avoid cans, bottles and aluminium foil.
- · Carry extra warm and wet weather clothing.

2. Travel and camp on durable surfaces

Durable surfaces are established tracks, gravel and dry grass.

Angling

- Choose durable surfaces like rock, sand and gravel as angling sites.
- Ocean and streamside vegetation, estuaries, seagrass, mangroves and reefs are fragile environments. Take extra care in these areas.

Boating

- Do not anchor within reefs and seagrass areas.
- Reduce your boating speed to minimise erosion of riverbanks from excessive wave action.
- Choose durable surfaces like rock, gravel or sand to load and unload your boat.
- Take care to avoid trampling shorelines while exiting and entering the rivers, lakes or ocean.
- If boats require tying up, ensure that the system does not damage the rocks or vegetation that is used. Use padding if necessary.
- Carry boats over dunes and soft riparian areas do not drag them.
- When entry and egress is from the water, leave boats below the dune level unless tides or wave action will compromise their safety.
- Do not dig into dunes or create new tracks.
- Used formed tracks only.

General

- Plan your route carefully so you arrive at a prearranged site rather than creating a new campsite.
- Keep campsites small. Focus activity where there is no vegetation.
- Use a freestanding tent that requires few pegs if staying overnight.
- Bring your own poles; do not cut them from the bush.
- Never camp on frontal sand dunes.
- Protect water sources by camping at least 100 metres from rivers and billabongs.
- Never dig trenches around your tent.
- Leave the campsite in better condition than you found it.

3. Dispose of waste properly

Rubbish

- Remove all rubbish. Even biodegradable food scraps can upset the balance and cause weeds.
 Do not burn rubbish. Never bury rubbish as animals may dig it up.
- Carry all rubbish back to shore for proper disposal.
- Make sure all items are protected from being blown overboard and polluting the area with rubbish.
- Refuel on land wherever possible.
- Report any fuel or oil spills.
- Do not discharge wastes or oil into the water.
- Store all sewage in holding tanks and dispose of appropriately, once ashore.

Human waste

- Use toilets where provided.
- Carry a small trowel for emergency toileting.
- Bury any human waste 15 centimetres under the topsoil, where organisms in the soil will break it down fastest, and at least 100 metres away from tracks, campsites, watercourses, lakes or drainage channels. Where possible, avoid using man-made toilet paper. Where necessary, use sparingly and bury it deeply or carry it out.
- No dumping of human waste within 3 nautical miles of the nearest land, marine park boundaries or within any port limits. Water from showers is not considered to be human waste, however, do not put this over the side in anchorages or in enclosed waters.
- When available, use established toilet facilities onshore before your trip.
- In smaller boats use a portable toilet and dispose of waste appropriately, once ashore.

Hygiene

- Wash yourself and any equipment at least 100 metres away from streams or lakes. Avoid using soaps or detergents. Scatter drained dishwater.
- Do not use soap, toothpaste, shampoo or sunscreen in lakes or streams.

4. Leave what you find

- Help prevent the spread of weeds and pests by checking your vehicle or craft, camping equipment and clothing to ensure they are clean before visiting parks, waterways and forests.
- Respect Indigenous art and other sites of cultural significance. Seek appropriate permission.
- Do not touch rock art, which can be damaged by the natural oils from human skin.
- Preserve the past by observing but not touching cultural or historic structures and artefacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species. Do not transport firewood.
- Learn to recognise non-native species and report sightings to appropriate sources.
- Do not travel through quarantine areas.
- Avoid transporting mud, which may contain dieback fungal spores in boot and tyre treads. Clean before and after travelling.
- Check clothing and all gear and burn or dispose of all hitchhiker type seeds before and after travelling in different areas.

5. Minimise the impact of fire

Stoves

 Use a fuel or gas stove when cooking. Reduce the risk of bushfires and burn injuries. Open fires destroy vegetation and leaf litter, and can devastate the bush if they escape.

Fire hans

- Light fires in parks only where permitted. Many parks do not permit open fires.
- Check with the land managers for current restrictions on lighting fires
- Carry any cigarette butts out with you.

Fire ban information is available on the Queensland Rural Fire Service website: www.ruralfire.qld.gov.au.

Camp fires

- Where open fires are permitted, use the fireplaces and fire rings provided.
- Light fires in cleared areas away from vegetation and tents.
- Keep the fire small.
- Use an existing or pre-used fireplace where possible.

- Do not place rocks around the fire as they conduct heat and damage the surrounding vegetation.
 They may also explode.
- Collect timber only where permitted. Use only dead, fallen timber. Do not break branches from trees as leaf litter and dead timber provide homes and food for animals.
- Always put the fire out by dousing it with water rather than earth. Embers can smoulder for days.
- Never light fires during high bushfire periods or in places where the fire might spread.

6. Respect wildlife

Fish Specific

- Take no more fish than for your immediate needs and only that amount allowed by regulation.
- Conform to fishing requirements including licensing and size/volume restrictions.
- Quickly and correctly return unwanted or illegal catch to the water.
- Use only legal tackle, pay regular attention to the group's gear and value the group's catch.
- Quickly and carefully return unwanted, endangered or threatened species to the water.
- Pay regular attention to and carefully return unwanted live bait to the waters from where they were taken.
- Report all distressed, stranded or dead aquatic animals and protected species.
- Limit any disturbance to threatened species (terrestrial or aquatic) that inhabit areas where the leader intends to fish.
- Pay attention to gear regularly and retrieve fish as quickly as possible.
- Make sure that once a fish is caught it is not left to flop and flail around on the deck or the bank.
- Always use wet hands and keep handling to a minimum to ensure that released fish have a better chance of survival.
- Revive tired or semi-conscious fish. Gently hold the fish in the water and move it forward to force water through its gills.

General

- Observe wildlife from a distance. Do not follow or approach them.
- Become educated about the role each species plays in their environment to understand the importance of its position within an ecosystem.
- Avoid wildlife during sensitive times, such as mating, nesting, and raising young. Touching nests or young animals may cause their parents to abandon them.

- Never feed wild animals or birds. Feeding wildlife damages their health, alters natural behaviours, and exposes them to predators and other dangers. Store food and rubbish securely.
- Control pets at all times or, better yet, leave them at home. All national parks restrict pets so check regulations before bringing them.
- Report injured animals to the local land managers.
 Do not attempt to handle an injured animal.
- Take care in adventure activities to minimise the risk from interactions between wildlife and participants. Queensland has unique fauna often not found in other parts of Australia and interactions may damage it. Contact relevant land or conservation authorities for site-specific details.
- Beware of some specific creatures that are prevalent in certain locations around Queensland, including:
 - > crocodiles
 - > marine stingers
 - > snakes
 - > dingoes
 - cassowaries
- > pigs, cattle, horses and buffaloes.

These wild animals can be dangerous, and those animals that are native are protected. Nesting shore birds may also need consideration. More information on Queensland wildlife and how to best share nature with them is available on the Department of Environment and Heritage Protection website: www.ehp.qld.gov.au.

7. Be considerate of your hosts and other visitors

- Learn about the cultural history of the land. Recognise, acknowledge and respect local knowledge.
- Respect the wishes and regulations of all hosts, including Indigenous, pastoral, land managers and locals.
- Never visit places without appropriate permission.
 Seek permission and/or a permit.
- Familiarise yourself and have respect for peoples' customs, culture, values, religion, dignity and feelings.
- Support and encourage activities that restore and enhance fisheries and fish habitats.

Further information is available at Leave No Trace Australia www.lnt.org.au and QPWS www.nprsr.qld. gov.au/experiences/fishing.html.

4.13 Activity planning checklist:

Sought approval for activity from relevant land manager
Clearly stated objectives and learning outcomes
Completed area assessment (e.g. route, area significance, maps, terrain)
Checked weather and made necessary alterations (e.g. gear, route)
Maintained equipment logs
Identified participants' social and cultural needs
Assessed competence of leaders and assistant leaders (including the Working with Children check)
Determined the leader to participant ratio
Briefed all staff on activities, objectives, responsibilities, communications and emergency procedures
Briefed all participants on activities, expectations, communications and emergency procedures
Collected the names, addresses, and medical and emergency contact details for all participants
Sought parental consent where appropriate
Established cancellation, modification or postponement procedures
$\label{lem:completed} \mbox{Completed and shared the communication plan}$
Packed appropriate first aid kits
Checked all water, food, equipment and transport arrangements
Identified support and evacuation abilities
Completed and shared the contingency plan
Identified emergency procedures
Determined review procedures for activities

5. Leader

This AAS refers to leaders and assistant leaders. The performance of the leader is a critical factor in the safe conduct of an outdoor activity. The leader is required to accept responsibility for the planning, preparation and conduct of the activity by:

- maintaining current skills, qualifications and experience as required;
- implementing and/or supervising activities that are suited to the individual/group/environment; and
- taking responsibility for the environmental preservation of the sites and surrounding areas.

An assistant leader is an individual whose role is to act as an additional support to the activity leader, and/or who has responsibility for a group of participants on an adventure activity.

The leader's overall responsibility does not negate the duty of dependent participants, who should be responsible for their own actions and have agreed to participate knowing the inherent risks and circumstances involved.

5.1 The leader's responsibilities

The leader takes overall responsibility and coordinates the entire group. They supervise and aim to achieve the objectives of the group or individual participants' session. The leader may delegate individual tasks but they maintain ultimate responsibility.

Recommended leader responsibilities include:

- working within the policies, procedures and activity standard operating procedures (SOPs) of the organisational stakeholders and land managers (where applicable)
- confirming the activity plan (Section 4)
- researching and planning for likely hazards, incidents and emergencies
- confirming that an emergency strategy has been lodged with an appointed external contact
- checking the first aid kit and communication equipment before the activity
- checking all group equipment before departing and after returning
- carrying out a full briefing session and ensuring that all participants and staff understand it (Section 5.1.1)
- assessing that each participant's level of knowledge, ability and skill is appropriate for the difficulty and complexity of the activity, and that the equipment is adequate
- obtaining each participant's acknowledgement that the leader has the role of leading the group

- ensuring that participants and staff have completed all documentation, and that it has been collated
- ensuring that the message of minimal impact to the environment is conveyed and adhered to
- managing and minimising the activity's effect on the environment (Sections 4.1.1 and 4.12)
- ensuring that the group knows where to access safe drinking water
- conducting a practice session of required skills and ongoing coaching of technical skills
- managing last-minute checks, including weather and equipment checks
- taking a head count before, during (regularly) and immediately after the activity
- maintaining a constant awareness of the group's physical and psychological condition
- managing the group to avoid or minimise the effects of hazards
- complying with any land/water manager's requirements, including permits and approvals (Sections 4.1 and 4.3)
- controlling the pace of the group and resting the group if necessary
- maintaining observation of participants
- maintaining communication between the participants
- facilitating the achievement of objectives (e.g. through a post-activity debrief)
- monitoring participant experience and following up with the group
- delegating responsibility to any support personnel and ensuring that any vehicle used is suitable
- notifying external contacts when the group has completed the activity and returned safely
- ensuring any incidents are managed, documented and reported
- ensuring equipment is logged and packed away.

5.1.1 Pre-activity briefing

The leader should clearly communicate all information about an activity to potential participants, leaving sufficient time for them to make an informed decision about their participation.

Each leader and organisation may have a preferred way to deliver a pre-activity briefing. The method may depend on an activity's length and complexity. The briefing should make participants aware of:

- the identity and role of activity leaders
- activity objectives
- · the activity's nature and inherent risks

- current and anticipated conditions (e.g. environment, remoteness, weather)
- the land/marine park managers' requirements (e.g. specific conditions applicable to the location)
- how the session will be managed (timings, procedures)
- the agreed methods of communication within the group (signals and calls), which they will devise before commencing the activity
- essential equipment and clothing
- the correct use and fit of equipment
- the group management process
- the type of food, the amount of food and water they will need and water availability
- conservation strategies, including protecting flora and fauna, removing rubbish and being aware of sanitation
- emergency procedures so participants behave appropriately in an incident or emergency, including emergency communication methods
- the leader's expectations of participants, and their responsibility to behave as requested (e.g. conduct, safety zones, equipment)
- any restrictions to participation.

The leader will conduct a verbal check that enables participants to voice concerns about their capabilities, and a final check that participants have completed and submitted all documentation.

Leaders should ask participants to acknowledge that they understand the content of the briefing, and ask them to voice any concerns and ask questions about the activity. Leaders should consider an alternative briefing method for participants from non-English speaking backgrounds.

5.2 Responsibilities of assistant leader

Like the leader, the assistant leader offers the experience of the activity and achieves the activity's objectives. An assistant leader will support and assist the leader as instructed. Therefore, the assistant leader might need to understand the detail of the activity plan, risk management plan and emergency strategy.

To be included in a leader-to-participant ratio, the assistant leader should:

- possess relevant documented or demonstrated skills to safely conduct the activity
- be able to undertake activity-specific tasks as delegated by the leader
- be able to manage the group's safety, including in an emergency if the leader becomes incapacitated.

An accompanying adult without these skills and capacities may be responsible for the welfare and supervision of participants, but they would not be an assistant leader. As such, it is not recommended that leaders include these people in the leader-to-participant ratio.

5.3 Competencies

A leader requires competencies, experience and sound judgement at a level appropriate for the activity. To understand and reach this level, a leader should have acquired skills at least equivalent to the appropriate units of competency identified in the NORTP change to SIS10, Sport, Fitness Recreation Training Package.

Several organisations conduct training courses, which vary from full qualifications to statements of attainment for units of competency and skills sets. The units of competency for activity-specific, outdoor recreation leader training are available at www.nprsr. qld.gov.au/recreation/activity-standards.html.

While neither a full qualification nor a statement of attainment of units of competency is compulsory to lead a recreational angling activity, the units provide a benchmark for preferred leader skills and experience. Individual organisations will need to decide which leader competencies and equivalencies they expect informed by adherence to effective risk management practices and legal requirements.

Leaders should maintain a log or diary of activities to encourage currency and demonstrate experience. The log should include the angling activities that the leader has participated in or taken responsibility for, and details of the conditions, activity durations and roles that the leader has taken.

Note: The AAS are primarily designed for those who lead groups of participants where a duty may exist to take reasonable precautions to protect participants from harm. Each group will apply the AAS differently because they will possess distinct collective skills and experience, and depend on their leaders to varying degrees. However, the leader remains responsible for making professional judgements and decisions about the activity to ensure the group's safety.

5.3.1 Example pathways to demonstrate competency

Recreational Angling Leader

A recreational angling leader may demonstrate competency by any one of the following:

- becoming a fishing guide as certified by a registered training organisation delivering the Outdoor Recreation Training Package
- graduating with a Certificate III or IV in Sport and Recreation or Outdoor Recreation or a Diploma of Outdoor Recreation, with specialisations in fishing
- receiving a statement of attainment from a registered training organisation that specifies the appropriate units of competency
- demonstrating, to the provider organisation's satisfaction, skills and currency that meet the leadership, group management, technical capacities and safety requirements of the specific circumstances being addressed.

Note: If a provider's dependent clients come from an Education Queensland school, this AAS should be read in conjunction with the relevant Curriculum Activity Risk Management Module, which is available at: http://ppr.det.qld.gov.au/education/management/Pages/Managing-Risks-in-School-Curriculum-Activities.aspx.

6. Equipment

Equipment requirements will vary according to the planned activity (including the route and its objectives), the environmental conditions, and the nature and size of the group. The leader and group should have easy access to emergency and contingency equipment.

6.1 Leader's equipment

The leader should have a first aid kit as well as the following equipment:

- a highly visible distinctive item of clothing or dress that will readily identify the principal leader and subordinate leaders at a distance
- appropriate signalling devices e.g. a torch, mirror, whistle, flares, matches/lighter and firelighters
- appropriate communication devices e.g. a radio or telephone, for external communications and internal communications i.e. within the group or among sub-groups; each device should be accompanied by a waterproof covered directory or network diagram showing the internal and appropriate external e.g. emergency, names/ numbers/call-signs
- when afloat or where the activity is in an isolated or remote location or in a difficult terrain situation, appropriate devices for fixing position, direction and possibly speed e.g. GPS, map/ chart, magnetic compass
- when afloat or where an activity is in an isolated or remote location or in a difficult terrain situation, an EPIRB/PLB
- personal protective clothing to protect the leader from the sun, wind, cold and getting wet.

6.2 Participant equipment

The following equipment requirements apply to all dependent participants:

- where an activity is conducted in an isolated or remote location or in a difficult terrain situation, not less than a 24 hour emergency ration or supply of food, and water; carrying water sterilization equipment could also be considered
- protective headwear, sunscreen, sunglasses and long clothing to "sunsafe" recommended standards
- footwear that is fully or largely enclosed; when fishing from ocean rock locations, footwear fitted with appropriate cleats or non-slip devices
- gloves or mittens
- in situations prescribed by the boating regulations e.g. when afloat, underway or otherwise, a lifejacket or buoyancy vest to the approved standard.

6.3 Group equipment

The following group equipment should be provided:

- sufficient food and water for all participants, to cover the planned period of the activity, plus at least an extra day's supplies
- for each sub-group that may be formed during the activity, a separate internal communication device, a separate position and direction fixing device that is fully compatible with that held by the leader
- for each sub-group that may be formed during the activity, separate signalling devices
- new or unused replacement batteries for all battery-operated devices carried by the group
- solar or other appropriate battery re-charging equipment
- a first aid kit for the group and for each sub-group to be formed
- one or more space blankets for each sub-group to be formed
- a flotation device or life ring and rope.

6.4 Fishing equipment

As required for conditions, group, outcomes and location.

6.5 Maintenance and storage

- As a general rule all equipment items should be thoroughly checked for completeness and serviceability before departure for an activity. They should again be checked at the time of issue or distribution to a group, sub-group leader or participant. Thereafter, periodic checks throughout the activity should be conducted by the leaders.
- Pre-departure checks of first aid kits, EPIRB/PLBs and flares should ensure that the items and their contents are within their serviceable life for the period of the activity.
- As a minimum, the maintenance and storage of equipment including first aid kits, communications devices, signalling devices, positioning and direction fixing equipment should comply with all manufacturers' recommendations.
- Devices should be securely carried and stowed so that they do not come loose, resulting in being damaged or lost during travel.

7. Definition of terms

Organisation

A person or group of persons organised for a particular purpose that provides an angling experience for either commercial (for profit) or non-commercial (not-forprofit or community group) purposes.

Dependent Group

A group of people who rely upon a leader or organisation where a duty may exist to take reasonable precautions to protect participants from harm.

Standard Operating Procedure

A set of written instructions that document procedures to help outdoor leaders and managers implement best practice systems to safely deliver activities.

Participant

A person whose welfare is the responsibility of a leader or assistant leader.

Note: The National Outdoor Leader Registration Scheme refers to a participant as a client. A participant may also be known as a dependant.

Leader

An experienced person who is responsible for and coordinates the entire group, including supervision, to achieve the objectives of the group's or individual participants' session. A leader's responsibilities remain the same whether or not the session is for commercial purposes.

Assistant Leader

A person who gives the leader additional support and/or is responsible for achieving the objectives of a group's adventure activity. The assistant leader's responsibilities remain the same whether or not the session is for commercial purposes.

Must—In this document, must indicates that a section or statement is mandatory by law.

Should—In this document, should indicates a recommendation.

7.1 Summary of abbreviations

training.gov.au

SIS₁₀

TGA

AAS Adventure Activity Standards **EPIRB** Emergency Position-Indicating Radio Beacon MSQ Maritime Safety Queensland **NOLRS** National Outdoor Leader Registration Scheme OCA Outdoor Council of Australia PAP Partnered Assessment Provider **PLB** Personal Locator Beacon **Oueensland Parks and Wildlife Service QPWS** RTO **Registered Training Organisation**

Sport, Fitness Recreation Training Package

8. Further information

8.1 Organisations

Department of National Parks, Recreation, Sport and Racing PO Box 15187, City East Qld 4002

Phone: 1300 656 191 (Sport and Recreation Services)

Phone: 13 74 68 (National Parks, Marine Parks

and Forests)

www.nprsr.qld.gov.au

Queensland Outdoor Recreation Federation 150 Caxton Street, Milton Qld 4064 Phone: (07) 3369 9455 www.qorf.org.au

Outdoor Council of Australia 150 Caxton Street, Milton Qld 4064 Phone: (07) 3369 9455

www.outdoorcouncil.asn.au
Workplace Health and Safety Queensland,

PO Box 69, Brisbane Qld 4001

Phone: 1300 369 915

www.deir.qld.gov.au/workplace/index.htm

Department of Justice and Attorney-General

Leave No Trace PO Box 71, Cottesloe WA 6911 Phone: 1300 884 086 www.lnt.org.au

Queensland Fitness, Sport, Recreation Skills Alliance Sports House, Suite 1.08, 150 Caxton Street, Milton

Qld 4064 Phone: (07) 3367 0833 www.skillsalliance.com.au

Service Skills Australia GPO Box 4194, Sydney NSW 2001

Phone: (02) 8243 1200 www.serviceskills.com.au

8.2 Resources

General websites

Blue cards

www.bluecard.qld.gov.au/bluecard/index.html

Bureau of Meteorology www.bom.gov.au/qld

Cancer Council Australia

www.cancer.org.au/cancersmartlifestyle/SunSmart/ Preventingskincancer.htm

Legislation

- Civil Liability Act 2003
- Child Protection Act 1999
- Work Health and Safety Regulation 2011

https://www.legislation.qld.gov.au/OQPChome.htm

Department of National Parks, Recreation, Sport and Racing

- Operational policy: Group activity permits www.nprsr.qld.gov.au/licences-permits/ recreation/group-activity-notification.php
- Operational policy: Commercial activity general requirements www.nprsr.qld.gov.au/licences-permits/ commercial/index.html
- Operational policy: Permits or written approval for special activities www.nprsr.qld.gov.au/licences-permits/ recreation/special_activities.html

First Aid

www.deir.qld.gov.au/workplace/subjects/firstaid/index.htm

HQPlantations (forests management) www.fpq.net.au

TGA (training.gov.au) www.training.gov.au

Queensland Fitness, Sport and Recreation Skills Alliance www.skillsalliance.com.au

Queensland Health www.health.gld.gov.au

Department of Agriculture, Fisheries and Forestry www.daff.qld.gov.au

Queensland Rural Fire Service www.ruralfire.qld.gov.au

Standards Australia www.standards.org.au

Workplace Health and Safety Queensland—Incident forms www.deir.qld.gov.au/workplace/incidents/incidents/notify/index.htm

Cultural heritage

Department of Aboriginal and Torres Strait Islander and Multicultural Affairs www.datsima.qld.gov.au

Note: The Aboriginal Cultural Heritage Act 2003 (Queensland) details guidelines for duty of care in recognising, protecting and conserving Aboriginal cultural heritage.

Multicultural Affairs Queensland www.datsima.qld.gov.au/culturaldiversity

Risk management websites

Australian Standard AS/NZS ISO 31000:2009 Risk management - Principles and guidelines www.riskmanagement.com.au (including HB 246–2010 Guidelines for managing risk in sport and recreation organisations)

Commission for Children—Risk management requirements www.ccypcg.qld.gov.au/bluecard/risk-management. html

How to Manage Work Health and Safety Risks Code of Practice 2011

www.deir.qld.gov.au/workplace/law/codes/index. html#h

Safety guidelines for children and young people in sport and recreation http://sma.org.au/resources-advice/policies-

guidelines/active-children

Books

Dickson, T.J., and Tugwell, M. (2000). The risk management document: Strategies for risk management in outdoor and experiential learning. North Sydney: Outdoor Recreation Industry Council.

Haddock, C. (2004). Outdoor safety: Risk management for outdoor leaders. Wellington: New Zealand Mountain Safety Council.

Miles, J., and Priest, S. (1999). Adventure programming. State College, Pennsylvania: Venture Publishing.

Priest, S., and Gass, M. A. (1997). Effective leadership in adventure programming. Champaign, Illinois: Human Kinetics.

The Scout Association of Australia. (2008). Fieldbook for Australian Scouting (2008 Year of the Scout edition). North Ryde, NSW: McGraw-Hill Australia.

References to interstate AAS

Victorian AAS:

www.outdoorsvic.org.au/activity_standards_review. php

Tasmanian AAS:

www.sportandrecreation.tas.gov.au/sportrectas/ publications/adventure_activity_standards

South Australian AAS:

www.getoutandstayout.org/sa-adventure--activitystandards.html

Western Australian AAS:

www.outdoorswa.org/page.php?id=7

Activity Specific Resources

Sunfish Queensland Inc. PO Box 212 Margate, QLD 4019 Phone: 07 38804261 www.sunfishqld.com.au

Department of Agriculture, Fisheries and Forestry GPO Box 46 Brisbane, Qld 4001

Phone: 13 25 23

www.daff.qld.gov.au/fisheries

Recfish PO Box 187 Grange Qld 4051 Phone: 07 3356 1111

http://recfishaustralia.org.au

9. Appendices

Appendix 1: Legal framework detail

Why have the Adventure Activity Standards?

The Adventure Activity Standards (AAS) are voluntary guidelines for undertaking potentially risky activities in a manner that promotes:

- · safety for participants and organisations
- mitigation for organisations against the risk of civil legal claims and criminal penalties
- assistance in obtaining insurance cover.

The AAS are not imposed by law.

Not Legal Advice

The content of this Appendix is intended to provide a summary and general overview only in relation to the law and the matters of interest. It is not intended to be comprehensive, nor does it constitute legal advice.

There is no guarantee as to the accuracy or currency of the information and you should seek your own independent legal or other professional advice before acting on, or relying on, any of this information.

Applying the AAS

Implementing suitable risk management programs and strategies, and meeting the AAS, may help minimise the risk of injury or loss. Having evidence of compliance with these programs and strategies, and the AAS, could help organisations in the legal defence of claims, in proving for example that an organisation and its leaders acted with reasonable care under the circumstances to avoid foreseeable risks of injury.

Basis of legal liability

The common law of contract and of negligence together with legislation such as the *Personal Injuries Proceedings Act 2002 (Qld)*, the *Civil Liability Act 2003 (Qld)*, the *Limitations of Actions Act 1974 (Qld)*, the *Corporations Act 2001 (Cth)*, the *Competition and Consumer Act 2010 (Cth)* and the *Fair Trading Act 1989 (Qld)* (amongst other Acts) governs the legal liability for personal injuries or property damage of participants in adventure activities.

Claims in contract

A claim in contract may require a court to consider (amongst other things) whether:

- 1. a contract exists between the parties;
- 2. a breach of an express or implied term of the contract has occurred; and/or
- 3. damages should be paid, for a breach of contract for example.

1. Contract

A contract is a legally enforceable agreement made between two or more parties. A contract can be written or verbal (or a combination of these), and can be entered into in different ways. For example, you can enter a contract by:

- signing a document; or
- taking action on the basis of terms communicated to you by another party, therefore demonstrating your acceptance of those terms.

When considering a claim in contract in relation to personal injury, a contract must exist between the person who suffered the injury or loss and the organisation against whom the injured party is making the claim. For example, a contract would exist between an organisation and a party if the organisation has agreed to provide services for a payment.

A claim in contract can only be made by one party to the contract against the other party to the contract.

2. Breach of a term

Generally speaking, a claim in contract, will arise where there has been a breach of an express or implied term of the contract. An express term is a term that the parties have written or said. It is described in the contract itself. An implied term is in addition to the express terms of a contract. It is a term that the parties have not set out, but which is regarded as having been impliedly agreed to. A court may imply a term into a contract for business efficacy, to make the contract workable. A term may also be implied from the nature of the contract itself, or by reason of customer common usage, or on proper construction of the contract. A number of terms are also implied by legislation. A court might also read other terms into a contract as if they were written into the contract. These terms may give service providers other obligations when providing that service.

The Competition and Consumer Act 2010 (Cth), Fair Trading Act 1989 (Qld) and the Civil Liability Act 2003 (Qld) (amongst other Acts) may also apply to conduct under the contract.

3. Compensation / Damages

If a court finds that a breach of either an express or implied term of the contract has occurred, then a party may be able to claim damages as compensation for the damage suffered as a result of that breach. Damages are a court ordered sum of money which places the plaintiff in the position he or she would have been in, had the legal wrong not occurred.

Claims in negligence

To make a successful claim in negligence, a party (the claimant) must prove on the balance of probabilities (i.e. more probable than not) that:

- the service provider owed a duty of care to take reasonable measures to avoid causing harm to their clients or participants, where the risk of harm is foreseeable if due care is not taken; and
- 2. a breach of this duty of care occurred;
- 3. the breach of the duty of care caused the injury or loss suffered.

The service provider would be in breach of his or her duty of care where the service provider fails to avoid a foreseeable risk where a reasonable person would have done so.

As the result of a successful claim in negligence, the court may award damages against the service provider to compensate for the loss or injury that the claimant suffered.

1. Establishing a duty of care

A duty of care is the obligation owed to anyone to whom it is reasonably foreseeable would be injured by a lack of care being taken. In the case of adventure activities, the court may impose a duty of care on a service provider, which legally requires them to take reasonable care to protect a client or participant from foreseeable harm or loss.

2. Determining a breach in a duty of care

Standard of care

To decide whether a breach of a duty of care has occurred, the court must first determine the appropriate level or standard of that duty of care.

The court determines the standard of care as a question of law by taking into account all the relevant circumstances and the specific facts of each case. To determine the appropriate level or standard, a court considers the organisation's and clients' experience and the conditions at the time, and possibly asks experts in the field for advice. Generally a court will hold that a specialist organisation (such as a service provider that provides adventure activities) will owe a higher duty of care than the standard of care owed by ordinary members of the community. The organisation's duty of care is higher than that of an ordinary citizen

because it has agreed to provide services for a reward or is responsible for the care of others.

A court will find that the organisation has not met the standard of care (i.e. a breach of the duty of care has occurred) if the evidence, on the balance of probabilities, establishes that the organisation has not acted reasonably in the circumstances. That is to say, due to the negligent or careless conduct, or a failure to act by the service provider who owed a duty of care to the adventure activity participants, the standard of care necessary to fulfil the duty of care was not maintained.

The law requires the organisation to protect participants from reasonably foreseeable hazards associated with the activity, and from those risks that could arise (i.e. risks that the organisation, instructor, teacher, or staff member or guide can reasonably foresee), against which they could take reasonable preventative measures.

Defence—no breach of duty

The *Civil Liability Act 2003* (Qld) states that a person does not breach a duty to take precautions against a risk of harm unless:

- a risk is foreseeable (that is, it is a risk of which the person knew or ought reasonably to have known); and
- a risk is 'not insignificant'; and
- in the circumstances, a reasonable person in the position of the person (e.g. the service provider) would take appropriate precautions.

In determining whether a reasonable operator took appropriate precautions, a court will consider (amongst other relevant issues):

- the probability that harm would occur if they did not take care;
- the likely seriousness of the harm;
- the burden of taking precautions to prevent the risk of harm; and
- the social utility of the activity that creates the risk of harm.

In these circumstances, it is recommended that in order to minimise the potential for legal liability and to minimise the risk of injury, each service providing organisation implement risk and safety management processes that identify foreseeable risks and implement measures to control them. For the same reasons, all organisations should ensure that leaders, managers or guides should, as a minimum have appropriate first aid and activity- specific training.

This is particularly important when the activity is a specialised one. In these circumstances, as a participant will rely on the expertise of the organisation, leader or guide, a higher duty of care will be imposed because the organisation, leader or guide will be

considered to be responsible for controlling, guiding and protecting the participant. Additionally, the probability that harm will occur if care is not taken and the likely seriousness of the harm, is higher for adventure activities then for other types of activities.

3. Establishing that the breach caused the harm

To hold someone liable for paying damages in negligence, the court must establish that the breach of duty caused the harm suffered. In establishing that a breach of duty caused the particular harm, the following elements must be established (in accordance with the *Civil Liability Act 2003* (Qld)):

- a. That the breach of duty was a necessary condition of the occurrence of the harm; and
- b. It is appropriate for the scope of liability of the person in breach to extend to the harm so caused.

Defences

Voluntary assumption of risk and obvious risks

The *Civil Liability Act 2003* (Qld) states that if a defence of voluntary assumption of risk is raised by the defendant and the risk is an obvious risk, the plaintiff is taken to have been aware of the risk unless the plaintiff proves, on the balance of probabilities, that he or she was not aware of the risk. For example, if the risk of harm was obvious, then a rebuttable presumption exists (i.e. a presumption that can be proved to the contrary with evidence) that the person who suffered the harm was aware of the risk. A person does not owe a duty of care to another person to warn of an obvious risk. Similarly a person is not liable in negligence for harm suffered by another person as a result of the materialisation of an inherent risk.

An obvious risk is a risk that, in the circumstances, would have been obvious to a reasonable person in the position of the person suffering harm, including risks that are a matter of common knowledge. An inherent risk is the risk of something occurring that cannot be avoided by the exercise of reasonable care and skill.

However, it would be unlikely to be an obvious risk if an injury was caused by the service providing organisation's inexperience or incompetence, defective equipment, or inadequate supervision or instruction.

Dangerous recreation activities

The *Civil Liability Act 2003* (Qld) also provides that a person is not liable for negligence for harm suffered by another person as a result of the materialisation of an obvious risk where a participant engaged in a dangerous recreational activity. This may apply whether or not the participant suffering the harm was aware of that risk. A dangerous recreational activity is an activity engaged in for enjoyment, relaxation or leisure that involves a significant degree of risk of physical harm to a person.

Contributory negligence

If a participant's failure to take precautions against the risk of harm caused or contributed to the accident causing personal injury, then this would be a partial defence to a claim in negligence to the extent that the court apportions responsibility between the organisation and the injured participant. When considering by how much to reduce the damages due to contributory negligence, a court may decide to reduce the damages by anywhere between 1 percent and 100 precent. An apportionment of 100 percent would defeat the claim entirely.

Exclusion of liability agreements

In some instances, the court may uphold documents that exclude liability, sometimes referred to as a 'waiver to sue' or 'release'. Exclusion of liability agreements are usually a written statement that a supplier of recreational services cannot be sued if a participant is injured or killed using the service. Each participant signs the agreement before the supplier supplies the services. These agreements must be carefully drafted and comply with any applicable legislation. The use of these agreements may enable suppliers of recreational services to exclude or otherwise limit their liability for negligence that caused or contributed to a participant's injury or death.

Volunteers

Under the *Civil Liability Act* 2003 (Qld), volunteers are protected from personal civil liability in relation to any act they undertake in good faith when providing community work organised by a community organisation.

A volunteer is a person who does community work on a voluntary basis. This includes work for which a person receives reimbursement of reasonable expenses but does not include court-ordered community work.

Community work is not for private financial gain and is performed for charitable, sporting, educational and other purposes.

Expressions of regret

The Civil Liability Act 2003 (Qld) also states that when a person apologises (verbally or in writing) for causing death, personal injury or harm, this apology does not constitute an admission of fault or negligence liability provided the apology does not include a clear acknowledgement of liability.

Additional considerations

Organisations providing adventure activities should also consider the following obligations:

Work Health and Safety Act 2011 (Qld).

This Act's main objective is to provide for a nationally consistent framework to secure the health and safety of workers and workplaces by protecting workers and other persons against harm to their health, safety and welfare through the elimination or minimisation of risks arising from work or from particular types of substances or plant so far as is reasonably practicable.

Commission for Children and Young People and Child Guardian Act 2000 (Qld).

This Act regulates the requirement for people to obtain a blue card if they intend to work or carry on a business in a child-related area, either in a paid or voluntary capacity. Both paid employees and volunteers may need a blue card if they intend to work in facilities or situations that fall under any of the following categories:

- residential facilities
- school boarding houses
- schools—employees other than teachers and parents
- child care
- churches, clubs and associations involving children
- · health, counselling and support services
- private teaching, coaching or tutoring
- education programs conducted outside of schools
- child accommodation services, including homestays
- religious representatives
- sport and active recreation
- emergency services cadet programs
- school crossing supervisors
- care of children under the *Child Protection Act* 1999; and
- any other category prescribed by a regulation.

A service or activity that a person provides may be considered a business irrespective of whether or not the service or activity is performed for profit. However, the service or activity must fall within one of the business categories regulated by the *Commission for Children and Young People and Child Guardian Act 2000* (Qld), such as private teaching, coaching and tutoring, or providing sport and active recreation activities.

Standards

The following is a guide (not a complete list) to the standards that an organisation providing adventure activity experiences, guides, instructors, teachers or staff members, should meet:

- Ensure that the activity is appropriate for the skills and experience of intended participants.
- Ensure that the intended activity is appropriate for the known, expected and forecasted conditions.
- Provide adequate staff and leader supervision.
- Provide competent and appropriately trained staff and leaders.
- Provide safe and properly functioning and adjusted equipment.
- Provide reasonable food and safe shelter if relevant.
- Give participants reasonable guidance, instruction and direction.
- Depending on the activity, have adequate knowledge of the area where the activity will occur, and be able to provide reasonable first aid, emergency backup and rescue.
- Ensure that appropriate approvals and authorisations / licensing requirements (if any) have been obtained.

Appendix 2: Exemplar risk management templates

Note: The following templates have been included as examples for guidance purposes and are incomplete. If these templates are used, information specific to the activity, location, participants and other characteristics will need to be sourced and incorporated.

Activity: Angler education

RISK ASSESSMENT SCHEDULE FOR ANGLER EDUCATION ACTIVITIES PART ONE – CHILD PROTECTION

Thanks to Sunfish (Qld) Inc for this exemplar risk template

ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
General – Child Protection	 a. Improper or inappropriate dealings occurring when adults conduct or support AE activities for juniors. b. Juniors' activities attracting unknown persons to loiter in the vicinity and/or pay undue attention to the children involved. c. A child being released into the custody of a person not being the parent/guardian and not authorised by the parent/guardian. d. Photographs or film of children at an activity being used for unauthorised exploitative purposes. 	 All adult staff should be briefed on the Sunfish policy of a commitment to the safety and well-being of children and young people. See Sunfish AE Policy and Administration Handbook. Government and Sunfish policy regarding screening of staff should be applied. Positive notice blue cards should be held by accredited AE instructors, and by all other activity support staff as appropriate. Adult staff should be briefed regarding expected behaviour when working with children and any specific rules applying e.g. with the exception of a parent with their own child, no one adult should be alone with a child at any time (i.e. work in pairs). Activity leaders should exercise an appropriate level of supervision and exercise due vigilance throughout an activity. Any alleged or suspected instance of inappropriate behaviour towards a child should be promptly reported to Sunfish (Qld) Inc and/or the appropriate authorities and fully investigated. Unknown and/or undesirable persons loitering in the area should be checked and thereafter monitored by the activity leader and/or support staff, and where real and continuing concerns are held the matter should be referred to police or other authorities. General and specific signed parental/guardian consents should be sought as necessary e.g. for use of photographs, custodial release to another, etc.
	ASPECT General - Child Protection	

PART TWO – HAZARD SAFETY

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
1	AE Activities - General	 a. Can involve training of persons of limited skills and abilities. b. Can involve training of persons of limited previous knowledge and experience, and lacking awareness of the risks present and involved. c. Can involve persons having a mental or physical disability. d. Can involve persons, particularly juniors, having a hyperactive or over-enthusiastic nature e. The use of boats introduces a greatly expanded range of risks. 	 Provide best possible trained and qualified instructional staff. Place emphasis on a requirement for a high level of safety during instruction, demonstrations, and the participants' practice. Establish and teach safest techniques. Exercise active on-going close supervision of students while undergoing training or practical sessions. Include in the training the teachers, carers, parents, etc, who have a continuing responsibility towards a person with a mental or physical disability or behavioural difficulties. Apart from the use of boats in survey for point to point travel e.g. ferries, or special and approved charters, Sunfish (Qld) Inc policy does not permit the use of a boat/(s) for an AE activity and provides no insurance cover for any unapproved use. Seek advice and authorisation where any doubt exists.
1 A	AE Activities General -Tides	 a. Tidal range, especially when associated with spring tides, could expose persons to being isolated in certain locations and circumstances. b. Strong tidal flows and eddies can be associated with tidal influence. c. High tides, wave action and strong tidal flows can undercut beach fronts, dune areas and banks 	 Activity leaders and support staff should be aware of the expected tide times and heights for the day of the activity. Seek local knowledge or undertake pre-activity reconnaissance to identify and avoid locations where isolation due to tides could occur. Crossings of a creek or river bed, or channels to reach outer sand bars during a period of low tide should be avoided. Entry of persons into the water where a strong tidal flow or tidal eddies can occur should not be permitted. Consider use of a safer alternate location, or otherwise exercise extreme caution where an activity involves use of high banks or dune areas undercut by tidal flow and/or wave action. In conjunction with the above, consider necessity for appropriate rescue equipment, and its on-site positioning.

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
1B	AE Activities General - Weather	 a. A wide range of weather conditions can be experienced in Queensland. b. Some extremes of weather can influence the requirement for appropriate clothing to be brought to the activity. c. Hot and dry and/or hot and humid weather, especially where associated with a lack of shade or exhaustive effort, can increase the likelihood of heatstroke and exhaustion and heighten the need for increased fluid intake by participants. d. Stormy weather, especially where associated with lightning and hail, presents a rapidly changing high risk situation. e. Heavy rainfall can present a risk of flash flooding and traffic disruption. f. Strong winds are normally associated with rough sea and lake conditions and heightened wave action. 	 The activity leader should be familiar with the forecast weather for the activity area before any participants depart for the location, and thereafter should monitor forecasts for any unexpected change in weather. The activity leader should call off an activity where the expected weather or a forecast change would rule against the general safety and/or the participants' enjoyment of the activity. N.B. This could include where moderate and stronger wind strengths, extreme hot or cold temperatures, heavy rain, lightning and/or hail have been forecast. General instructions issued for an activity should set down any requirement for participated weather conditions. Those instructions should also identify any unacceptable items of clothing or footwear. Likewise, the general instructions issued should set down any requirement for sun safety items required to be brought and worn/applied during an activity, and as appropriate those items not considered to meet "Sunsafe" standards should be clearly identified e.g. baseball style caps. Activity leaders should plan for and provide a sufficient quantity of fluids for all participants, and where warranted due to the heat, the leader's briefing should advise participants towards an increased level of fluid intake. Situations and/or levels of activity that could lead to an increased risk of heatstroke, exhaustion or exposure should be avoided or curtailed. The possibility of changing time of day for certain activities to avoid the hottest times of the day should be considered. Where lightning and/or hail is forecast a planned outdoor activity should be called off immediately and all participants moved to appropriate shelter. N.B. Moving to the cover of trees is not a safe place. Local knowledge should be sought regarding accessibility to/from an activity site in the event of heavy rain and flash flooding.

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
18	AE Activities General -Teaching Situations	 a. Insufficient safe working space/spacings can heighten the risk of one student striking another with the equipment in use. b. Prolonged exposure to the sun, cold or other elements can lead to discomfort and a consequent diminished alertness. c. Poor ratios of instructor/coaching assistants to students can weigh against the ability to provide appropriate close supervision of proper techniques, the maintenance of set safety rules and expected standards of performance with an attendant likely rise in risk of harm or injury occurring. d. Angler education and fishing activities involve exposure to outdoor environmental conditions, and particularly time in the sun. 	 Safe working distances should be established for each training activity e.g. casting, fishing, etc. to minimize the accidental striking of any student or support staff by another with equipment in use. As appropriate, class comfort should be considered to minimize unnecessary prolonged exposure to the sun, cold or other elements. Provide an appropriate ratio of instructors, coaches, support staff for each activity. Consider downward adjustment of the overall attendance at an activity and/or class sizes. Wherever possible, move outdoor activities to shaded areas, exercise all sunsafe measures, and/or minimize exposure to the sun by avoiding the hotter part of the day (usually regarded as between 10.00AM to 4.00PM)
7	Fishing Activities - General	a. Can involve exposure to a very wide range of risks.b. May involve activity adjacent to deep water.c. Permitting swimming as an adjunct activity not recommended due to range of risks involved.	 Entry into water above knees in any situation and under any circumstance should be avoided. Swimming proficiency should be a consideration where AE and fishing involves deep water or dangerous locations. Swimming as an adjunct activity, other than in a properly patrolled area, should not be allowed.

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
2A	Fishing Activities - Bait Gathering	 a. Castnets and baitnets can catch whole stinging creatures or parts of them. b. Spiky fish, dangerous fish and crabs can entangle in netting. c. Generally, of necessity or by tendency, entry into deeper water is occasioned in operating bait nets. d. Yabby pumps can become extremely sharp edged with use. e. Mud, sand, shell grit and/or water can splash into eyes and mouths when expelled from yabby pumps. 	 Wear long, protective clothing to minimise contact of bare skin with net. Use a technique that minimises extent of bare skin exposure to netting. Be conversant with latest recommended first aid response and treatment for marine stings. Have readily available a sufficient quantity of vinegar or like other currently recommended initial treatment to reduce or counter envenomation. Have an experienced adult supervisor present to identify and disentangle spiky fish, and dangerous creatures, preferably using protective gloves Teach, and constantly check, those working with or around a person using a yabby pump regarding awareness of the risks and recommended safe working methods. Have an eye-wash treatment available.
2B	Fishing Activities -Crabbing	 a. Crabs can inflict painful bites and retain their hold on a victim. b. Certain dangerous or difficult fish and creatures can be trapped in crab pots and traps. c. Pot bait preparation might necessitate use of a knife. d. Disorganised or untidy working can lead to entanglement in ropes 	 Teach and practice proper safe handling methods. (N.B. that a crab on being returned into water usually quickly releases its hold in order to escape). Teach and practice the safest and best method of tying crabs to restrain their mobility as to allow safe handling. Have an experienced adult supervisor present to identify and release dangerous or difficult fish and creatures from the pot or trap while exercising all due caution in releasing. See Serial 4A regarding use of knives. Teach and practice organised and tidy working and proper stowage of pots and traps.
en en	Fishing Locations - General	a. Present differing risks for differing locationsnecessitating specific assessmentsb. Broken glass and like dangers can exist	 Activity Leaders should conduct a specific risk assessment with regard to each and every location chosen for an AE activity In all locations sturdy footwear, fully enclosed or largely enclosed, should be required to be worn to guard against broken glass and the like, and the many other hazards to feet that can be experienced when fishing

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
3A	Fishing Locations - Beach	 a. Surf situations pose a danger. b. Presence of sharks, rays, marine stingers, jellyfish, and the like c. Incoming tide - isolation on sandbars. d. Tidal rips and undertows 	 Entry into water above knee depth or where heavy surf or swell is apparent should not be permitted or encouraged. Entry into dirty or turbulent water where sharks, etc may be present should not be permitted. Proper footwear should be worn at all times to guard against stab wounds to feet where wading in water is involved. Long clothing should be worn to guard against stingers and the like. The latest recommended technique for initial treatment of stinger and like wounds should be known by instructors and coaches. Vinegar should be readily available to wash stinger, etc. Where the likelihood of isolation or stranding by the incoming tide could occur, a person with appropriate communication/signalling device should be posted to watch and provide timely advice.
3B	Fishing Locations - Estuaries	 a. Tidal flow and including surf situations can pose a danger. b. Incoming tide – isolation risk c. Presence of sharks, rays, stingers, jellyfish, stone fish, crocodiles. d. Boating traffic wash. e. Soft mud. 	
3C	Fishing Locations - Dams and Waterholes	 a. Concrete dam walls can be slippery b. Banks can collapse. c. Crocodile habitat area. d. Frequented by both domesticated and wild animals seeking water and/or hunting. e. Likely increased insect life e.g. mosquitoes 	

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
3D	Fishing Locations - Creeks and Rivers	 a. Sudden heavy rainfall in catchment or sudden releases of stored water. b. Undermined banks can collapse. c. Rocks most often very slippery d. Treacherous whirlpools, eddies and currents can exist. e. Crocodile habitat areas. f. Water depths can be deceptive. g. Increased insect life e.g. mosquitoes 	
3E	Fishing Locations - Rocks	 a. Coastal areas - Highly dangerous and exposed in rough and rising seas. b. Often highly slippery. c. Access to/for medical or other support in an emergency situation can be difficult. d. Weather and tides 	 Most undesirable for other than the experienced. Necessitates specific footwear. Necessitates a plan if washed from rocks. Need for life preserver and rope. Throw don't go.
3F	Fishing Locations - Piers, Jetties, Wharves	 a. Generally well peopled b. Nuisance to boating traffic and moored vessels c. Untidy, uncontrolled spread of fishing gear and other items can be nuisance to other pedestrian and vehicular use of the area 	 Necessity for greater care when casting. Need for careful placement of gear out of people traffic path.
36	Fishing Locations - Bridges	a. Intended for road and rail traffic	 Most undesirable except where set aside for fishing Obey signs advising of restrictions on use
4	Tackle and Equipment (T & E) -General		

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
4A	T & E - Knives	 Capable of deep and painful cuts and stab wounds – sometimes to the critical areas of the body and severing arteries. Most accidents caused by unsafe useage when other safer alternatives should be applied and/or encouraged. 	 Policy of using only for bait preparation and filleting fish. Otherwise use scissors/snips/nail clippers for rigging up, cutting line, free release of un-landed fish. Adult use only general rule. Remove from tackle boxes. Consider use of safety gloves. Should have and always be returned to a scabbard after use.
4B	T & E - Hooks	 Capable of deep and painful wounds – sometimes to critical areas of body e.g. eyes and face. 	 Requires exercise of extreme care. Do not complete rigging with hooks until at fishing location. Recommended point of safe carriage is under reel seat where hook point is fully covered. Into a cork is acceptable alternative. Consider flattened barbs wherever possible to permit easier extraction. Use protective eyewear.
4C	T& E -Lures	 Like hooks, capable of deep penetration to the body, critical areas such as eyes. 	1. See hooks at 4B above, and adopt like measures
4D	T& E -Sinkers	 Can cause extreme pain or damage where momentum of sudden release causes a strike to body, head or eyes. 	 Use protective eyewear. Exercise great care and supervision. Immediately stop any student engaging in a potentially unsafe technique/practice.
4E	T& E - Fishing Line	 Capable of deep cuts to hands and fingers. Can amputate digits or deeply cut into limbs if caught around body. Monofilament line has a stretch factor that can accelerate sinkers, hooks, lures if suddenly coming free from a snag or a fish 	 Consider use of gloves or mittens. Never wrap line around an arm, a hand, fingers, a leg, foot or toes while fishing and particularly while baited. Exercise greatest care when fighting a fish or trying to free a snagged lure or hook/sinker to guard against rapid return on coming free. Immediately stop any student seen to be engaging in potentially unsafe technique/practice.
5	Dangerous Marine Creatures (DMC)	 Many marine creatures can inflict bites, stabs, stings, and even heavy bodily contact that can result in wounds (some extremely painful) and envenomation; some that can even be lethal. 	 At every opportunity encourage staff and students in their recognition of the various marine creatures to also familiarise with themselves with its dangerous characteristics and natural defence mechanisms. Seek expert local knowledge and/or carry identification references as appropriate and necessary.

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
5A	DMC - Crocodiles		
5B	DMC - Stingers, jelly-fish & the like		
₅ C	DMC - Sharks		
5D	DMC-Rays		
5E	DMC -Fish		
5F	DMC-Crabs		
56	DMC-Prawn & the like		
5H	DMC- Sea snakes & Eels		
vo	Dangerous Aquatic Creatures (DAC) -General		
6A	DAC-Fish		
6B	DAC-Eels		
90	DAC -Crocodiles		

SERIAL	ACTIVITY OR ASPECT	NATURE OF RISK	PREVENTATIVE/MINIMIZATION MEASURES
2	Dangerous Terrestrial Creatures (DTC)		
7A	DTC -Snakes		a. Avoid contact in as much as it is possible and never attempt to catch, kill, or harass.b. Understand latest techniques in the treatment of snakebite.c. Carry appropriate first aid items to treat initially.d. Have a medical extraction plan
7B	DTC -Livestock		a. Avoid contact in as much as it is possible, including no entry into paddocks or fields without authority.b. Avoid regular livestock drinking sites at rivers, creeks, dams and waterholes.
∞	Dangerous Flora - General	a. Stinging nettles and vines, Wait-a-while b. Bindii, Prickles, Thorns	 a. Seek to avoid. b. If known to exist in an area seek for all to be able to identify. c. Wear proper footwear, clothing, eye protection and gloves as considered appropriate. d. Where walking in line along established track don't allow foliage to flick back towards person following.
6	Dangerous Insects -General	a. Bee and Wasp stings b. Mosquitoes and Sandfly	 a. Be aware of all individuals in the group who are subject to serious reactions to stings and bites and take appropriate measures for first aid, rapid medical extraction if bitten/stung. b. Encourage the use of long clothing to minimise exposed areas of skin. c. Add mosquito nets to required equipments if thought warranted. d. Make available and encourage the liberal use of repellents, including coils, especially around daybreak and dusk.
10	Environmental Hazards	a. Potable/Non-potable Water b. Campfires and Bushfire	

RISK MANAGEMENT PLAN

Activity: Canoeing (Noosa River)

DANGER	RISK	MANAGEMENT STRATEGIES	EVALUATION/COMMENTS
ENVIRONMENT			
Sun Exposure	Sunburn Dehydration Heat Exhaustion/ stroke	Participants advised on appropriate clothing and equipment. Clothing with sleeves must be worn under PFD'S. Participants carry minimum of 3L water. Refill stops. Particular pointers to apply sunscreen to backs of hands and inside thighs. Regular rest stops. Encourage peer reminders and monitoring. Monitor Weather.	
Winds	Capsizing Multiple Rescue Group Separation	Monitor winds before departure. White caps are an indication of thinking about strong management strategies or cancellation. Set safety guidelines- distance between canoes, whistles, rafting up. Set expectation of group travelling together. Participants are empowered to manage group distance and to show raft up sign if the group gets too far apart. Ropes are carried so that there is an option of tying boats together for more stability. Participants are briefed on capsize procedures.	Where possible try to make the larger open water crossings earlier in the morning. Keep in mind hugging the bank or walking canoes as an option.
Rain	Wet Equipment Hypothermia	Pre-briefing and equipment list outlines appropriate clothing and wet weather gear. Participants are shown how to waterproof equipment. Group condition is monitored closely during wet weather.	

	X.	MANAGEMEN SIKA EGIES	EVALUATION/COMMENTS
ENVIRONMENI			
Submerged Logs	Capsizing Impact Injuries Canoe Damage	Participants are briefed about the presence of submerged items. Participant behaviour is monitored around areas where submerged logs are prevalent. Participants are briefed on capsize procedures.	
Dead Trees	Impact Injuries Canoe Damage	Participants are briefed about the dead trees and the likelihood of tree fall if a canoe hits. Participants are asked to care for equipment.	
Steep Banks	Sprains & Strains	Appropriate exits and entry points are chosen to avoid any difficulties. Use National Parks developed entry and exit points.	
Rubbish	Cut Feet Embedded Objects	Participants are expected to wear closed in shoes at all times.	
Environmental Impact		Participants are to be briefed on specific environmental factors that concern the Noosa River. This is supported by 'Leave No Trace' DVD. Ensure rubbish is 'carried out'. Ensure that the designated landing areas are used and no landing zones are observed.	
PEOPLE			
Loading & Unloading Canoes	Strains Finger injuries Damage to canoes	Loading is supervised by adult. Participants are briefed about communicating with each other prior to lifting. A minimum of four participants are to carry a canoe. Canoes on the top rung are to be managed carefully.***	

DANGED	DICK	MANAGEMENT STRATEGIES	EVALUATION/COMMENTS
NI DVICO	NO.		
PEOPLE			
Poor Communication with Partner	Capsizing Collison Emotional or Relationship Difficulties	Emphasis is placed on communication between partners to ensure the boat is moving correctly and that people avoid arguments. Participants are also given paddling tips to assist with the smooth operation of their boats. Participants are briefed on capsize procedures.	
Split Up of Group	Lost Participants Unsupervised Participants	Set expectation of the group travelling together. Participants are empowered to manage group distance and to show raft up sign if the group gets to far apart. Set safety guidelines- distance between canoes, whistles, rafting up.	
Swimming	Submerged Objects Spinal Injuries Drowning	Participants are expected to wear shoes and PFD's whilst swimming. Before entering the water the area should be assessed for hazards such as submerged logs or tree roots. The participants' medical form indicates whether they are confident to swim 50m which gives an indication of swimming ability. Safety guidelines should be set according to the area eg boundaries Swimming is to be supervised by an adult. No jumping or diving from jetties, banks or trees.	
Canoe collision	Finger injuries Paddle impact Damaged Canoes	Participants to be briefed in control strokes of canoeing (steering, emergency stops). Participants briefed on letting occupants of other canoes know if they are likely to hit their canoe.	

DANGER	RISK	MANAGEMENT STRATEGIES	EVALUATION/COMMENTS
PEOPLE			
Motorised Craft	Capsize Collision	Set expectation of group travelling together. Participants are empowered to manage group distance and to show raft up sign if the group gets to far apart. Set safety guidelines- distance between canoes, whistles, rafting up. Group should travel together so that motorised craft have space to manoeuvre. Group to travel close to banks where possible. Participants are briefed on capsize procedures.	This is of particular concern around Kin Kin Creek, Fig Tree Point and Como Reach areas.
Public	III will Reputation tarnished	Instructors should choose appropriate areas to brief and unload canoes so that public are not restricted in access and participants are not distracted. Instructors to monitor noise and behaviour of group.	
EQUIPMENT	RISK	MANAGEMENT STRATEGIES	
Canoe Faulty	Leaky canoe	General condition of canoes is monitored when loading and unloading of canoes and faults recorded. Canoe condition is checked yearly.	
Trailer	Canoes coming free from trailer Trailer coming off car	Suitably skilled adults are responsible for tying on canoes. The driver should check that canoes are securely on the trailer before driving away. The driver is responsible for checking that the trailer is sitting on the tow ball correctly and that the safety chain is secured.	

Thanks to James McIntosh for this exemplar Risk Assessment and Management plan.

Appendix 3: Emergency strategy

Emergency response plan template Introduction

The following template has been included as an example for guidance purposes and is incomplete. If this template is to be used, information specific to the activity, location, participants, etc. will need to be sourced and incorporated.

Emergency is defined in many jurisdictions as an event that requires a significant, coordinated response. The concepts of emergency and emergency management must be viewed in context, and emergency planning must account for the range of possible causes and responses. For example, natural emergencies are caused by storms, bushfires, floods, drought or weather extremes that may create an emergency. Similarly, outdoor leaders need also to prepare for emergencies caused by humans, such as accidents, lost or missing persons, or equipment failure; or social hazards, such as substance abuse and misuse, emotional trauma, or infectious diseases or food poisoning.

Plan overview

Verify	Confirm that there is an emergency situation.
Notify	Notify appropriate authorities and staff of emergency event.
Assess	Determine the extent and nature of the emergency.
Act	Respond to situation based on requirements, skills and responsibilities.

Emergency contacts (phone numbers)

KEY ORGANISATIONS	BEST CONTACT METHODS (MOBILE OR SATELLITE PHONE, RADIO)
Police, ambulance, fire	000 triple zero (112 from mobile)
Land manager	Etc
Etc	Etc

Assembly locations

Identify and describe locations of established evacuation assembly points and ensure every person knows them.

Site plan

The map must include locations of:

- emergency assembly and evacuation areas
- water, gas and power isolation points
- fire fighting equipment
- first aid kits
- dangerous goods
- etc.

Roles and responsibilities

Outline the responsibilities of all key personnel involved in the activity and their contact details.

KEY PERSONNEL	RESPONSIBILITIES	CONTACT
e.g. Leader	Determine seriousness of incident, implement planned response, e.g. notify home organisation and external support, manage the group, administer appropriate first aid (as required)	
e.g. Assistant Leader	Etc	
Authorised media spokesperson	Etc	
Etc	Etc	

Media management

Outline procedures for when media makes contact with staff members. For example, outline the people who have clearance to speak to media, and who media should be directed to for information on the emergency and what information they can provide.

Foreseeable emergencies and response actions

Routine incidents

INCIDENT TYPE	RESPONSE ACTIONS
Electrical failure	
Ruptured water pipe	
Etc.	

Non-routine incidents

INCIDENT TYPE	RESPONSE ACTIONS
Bushfire	
Building fire	
Lost or missing person	
Injury/medical	
Storm/flood	
Snake bite	
Etc	

Specific communication equipment carried by group

List types and number of communication devices that group may have, such as:

- mobile phone
- UHF radio
- satellite phone
- etc.

Relevant aspects of land managers' emergency strategy

Identify and access any land management requirements for emergency strategy, including the following.

- Strategies relevant to the specific features of the areas being visited (e.g. river crossings)

 Detail any site specific features that may require particular attention during an emergency response situation.
- A strategy for maintaining supervision ratios if any changes to the planned activity occur
 Detail plans of how to maintain group supervision during the course of the emergency response.

Post-emergency debrief

Outline what discussions or debriefs will be required after the incident to refine response procedures. The severity of the incident will determine the level of debrief.

Post-incident reporting

Complete an incident/accident report form and file accordingly. The form should outline details of the incident, including the:

- · date and time of the incident
- personnel involved
- type of incident
- · first aid administered.

