

Gear List

What you need to bring on your **Great Getaway Activity Day**

Note:

- It is advisable not to bring any valuable items that may get damaged or go missing.
- It is recommended people with special dietary requirements bring additional snacks with them.

Clothing

The usual things you'd need for a day outdoors considering:

- A change at the end of the day - warm, dry
- Comfortable clothes you can be active in - they might get wet and dirty too!

For being outdoors

- Sun hat (full brim)
- Sunscreen
- Insect repellent
- Raincoat / parka
- Closed-in shoes (eg. joggers)
- Extra pair of shoes for water activities – old joggers or water shoes are ideal, something that covers heel and toes - NO THONGS OR SANDALS)
- Swimmers and swimming towel
- Plastic bag for wet and dirty clothes

Miscellaneous

- Water bottle
- Medication

Optional

- Day pack
- Walking poles
- Camera